



The Tapa Room Breakfast

Cheese scones	3.0
Crosstown doughnuts	4.0
Toasted sourdough or seeded granary bread with either jam, marmalade, vegemite or honey <i>*Gluten free option available</i>	3.5
A large dollop of Greek yoghurt	3.0
Oat porridge, roast banana, chia seeds, pomegranate, toasted coconut	6.8
Two eggs – any style on buttered sourdough or seeded granary toast	7.0
Two soft-boiled eggs, vegemite soldiers	7.5
Granola, Greek yoghurt, toasted coconut, Oxford honey	7.8
Fruit salad – dragon fruit, pineapple, kiwifruit, pears, melon, apples, vanilla poached figs	7.8
'Half & Half' granola and fruit salad	7.8
Smashed avocado on toast, feta cheese, Aleppo chilli, boiled egg	9.0
Tortilla of ruby gem potatoes, oyster mushrooms, manouri and spinach, rocket pomegranate salad, truffle oil sumac labne, artichoke crisps	12.0
Grilled chorizo, sweet potato miso hash, a soft boiled egg, garlic labne, star anise cashew nut praline	12.0
French toast, roasted pineapple, mango, Oxford honey mascarpone, smoked streaky bacon, blueberries, verjus syrup	12.0
Turkish eggs - two poached eggs, whipped yoghurt, hot Aleppo chilli butter - toasted sourdough or seeded granary	13.5
Hot-smoked salmon, two poached eggs, spinach, yuzu hollandaise, seeded granary toast	14.0

Peter Gordon's **Eating Well Everyday** (signed HB) 22.0
 Peter Gordon's **Savour – Salads for all Seasons** (signed HB) 25.0
 Peter Gordon's **Fusion – A Culinary Journey** (signed HB) 25.0
 Providores Blend coffee beans 250g 8.0

Eating Well Everyday **22.0**

Peter Gordon's newest (and ninth) cookbook is on sale at The Providores, and at all good bookshops. Packed with 170 recipes for breakfast and lunch, through to pastas, soups, dinners and desserts.

The Providores Fry-Ups

Come with two free-range eggs of your choice and buttered sourdough or seeded granary toast.

The Veggie – sautéed buttered field mushrooms, slow-roasted tomatoes 10.0

Grilled smoked streaky bacon, sautéed buttered field mushrooms and slow-roasted tomatoes 11.5

Roast Stornoway black-pudding, baked apple, slow-roasted tomatoes 12.5

Sides

Half avocado 3.0

Slow-roasted tomatoes 3.5

Sautéed buttered field mushrooms 4.0

Grilled smoked streaky bacon 4.5

Roast Stornoway black pudding 6.5

Grilled chorizo 6.5

Nut-Melks

All 6.5

Strawberry, almond butter, coconut milk

Cacao (raw organic), cacao nibs, almond butter, medjool dates, almond milk

Smoothies

Mixed berry smoothie 5.8

Banana and orange smoothie 5.8

Mango, strawberry and banana smoothie 5.8

Super spirulina smoothie: 6.5

spirulina, cucumber, pear, apple juice

Tamarillo and kiwifruit smoothie 6.5

All our smoothies can also be made with either soy/ almond/ coconut milk / oat milk Add 50p

Baobab, blueberry and soy smoothie 6.5

Juices

Freshly squeezed juices (served until 4pm): carrot, apple, beetroot, ginger, celery 6.0

Fresh orange juice 4.5

'Green Warrior' cold pressed juice 5.0

bottled by B-fresh

spinach, kale, apple, ginger, lime, cucumber

Please inform your waiter if you are allergic to any food item

We cannot guarantee that any items are completely allergen free due to being produced in a kitchen that contains ingredients with allergens

A discretionary service charge of 12.5% will be added to your bill

Coffees, Teas and other drinks

The Providores uses an exclusive blend of three responsibly sourced Arabica beans developed with **Volcano Coffee Works**, individually hand-roasted in small batches in South London. The selected beans are then blended, creating a coffee with flavours of rich dried fruits, sherry soaked orange and marzipan. We feel it is perfect as an espresso or served with our organic milk or GM-free soy - and it's great for brewing at home too.

Espresso	2.5
Ristretto	2.5
Macchiato	2.5
Cortado	2.8
Long Black	3.0
Americano	3.0
Flat White	3.5
Latte	3.5
Cappuccino	3.5
Mochaccino	3.8
Hot Chocolate	3.8
Iced Espresso	2.8
Iced Coffee	5.0

*Add 50p for:
extra shot or soy / almond milk / oat milk*

Volcano roasted beans 250g 8.0

Teas 4.5

Zealong – Organic New Zealand Tea

Zealong is a premium tea grown, processed, and packaged from a single source in the Waikato. The Zealong Tea Estate ensures its teas are grown and processed in a pristine environment, to the highest standards, by true tea masters.

Loose teas

Earl Grey
English Breakfast
Jasmine
Rooibos
Honeybush
Camomile
Fresh Mint
Peppermint

Iced Tea 6.0

Earl Grey and peach purée shaken and served with citrus and mint



Non-alcoholic mocktails

Virgin Mary – seasoned tomato juice, Tabasco, wasabi, coriander, a dash of lemon 6.5

Virgin Guava Agua Fresca – guava purée lime juice, sparkling water, served over ice 6.5

Ginger Lemonade – Ginger syrup, lemon juice, sparkling water 6.50

Karma Cola Co 4.0

- Fairtrade organic soft drink

Lemmy Lemonade